

## **Examples of Measurable Tasks to Achieve Practice Behaviors**

I will refer and assist my clients to services from the appropriate local social service agencies relevant to their specific concerns. *(Identify specific concerns and appropriate social service agencies)*

I will reflect on and discuss in my process recordings and in supervision the impact of stressful and emotional situations and how they can impact my professional conduct.

I will continue to learn and develop my vocabulary and professional demeanor by seeking clarification of unknown professional terminology through asking clarifying questions as necessary and appropriate.

I will maintain professional conduct when dealing with stressful and emotional situations within the realm of social work practice. I will develop a self-care plan in order to address stressful and emotional situations.

I will arrive at my internship placement at least 10 minutes prior to my start time and continue to engage in productive work until my agreed upon designated departure time.

I will abide by the agency professional dress code and address any questions regarding the dress code to my field instructor/ task supervisor for clarification.

I will maintain professional roles and boundaries by maintaining individuals' confidentiality when discussing my internship in integrative senior seminar class.

I will utilize weekly supervision to ask questions, discuss concerns, address ethical issues, review progress and future work, and grow in self – awareness.

I will arrive at my weekly supervisory meeting prepared to discuss any cases, concerns, or questions that I may have and engage in discussions with my field instructor/ task supervisor regarding any relevant information about the nature of the work I am asked to perform at my internship agency. As part of this plan I will develop a weekly list of questions and concerns prior to my supervisory meeting.

I will utilize process recordings and activities from the integrative senior seminar class to identify my own biases and values that may align or interfere with my professional role as a social worker.

I will read and refer to the NASW Code of Ethics and the agency policy and procedures manual of my internship agency in order to ensure that I am engaging in appropriate, ethical social work practice as a student intern at my agency.

I will identify ethical dilemmas promptly and engage in a discussion with my field instructor and brainstorm appropriate and reasonable potential problem solving methods.

I will utilize several sources of information including relevant course work materials and current evidence-based practice research and methods when planning to run a group session at my internship agency.

I will document any and all conversations in the client record (chart) as directed by my field instructor/ the agency policies and procedures in a timely fashion and utilizing appropriate professional language and terms.

I will present information from a completed psychosocial assessment to the treatment team in order to supplement the current information that was received by a previous treatment source.

I will attend the agency training/seminar related to cultural competency and assessment techniques mandated by the internship agency and reflect on my experiences through a process recording and my journal for the integrative senior seminar class.

I will interview other social workers and related social service professional employed at my internship agency and at least three referral agencies to learn about their roles and responsibilities as well as the types of services they provide to clients.

I will critically consider ways in which individuals and families may be oppressed or marginalized due to the new sliding fee scale that was recently implemented at my internship agency and reflect on my thoughts and feelings in my journal for integrative seminar class as well as discuss these thoughts and feelings with my field instructor.

By the end of the internship I will become more aware of the availability of social services for a population of interest to me (*for example abused women*) by securing information from various domestic violence and victims resource agencies in the local community.

I will read two research articles and review training tapes related to the effects of budget cuts to social service agencies in the community serviced by my internship agency.

I will assist my field instructor/ task supervisor with a current research project (*specify the name*) that they have recently initiated to determine client satisfaction with agency services.

I will integrate information from classroom content/learning and my field experiences when meeting with families to identify family concerns and issues and encourage use of family strengths to negate the negative effects of these concerns and issues.

I will work in conjunction with other social work and related social service interns to develop a student intern handbook for my internship agency that reflects all essential information that future interns may need when completing an internship at this agency.

I will utilize the principles of ecological theory (person and environment) and the strengths perspective when completing an intake assessment /interviewing individuals and families that are seeking services from my internship agency.

I will participate in attending lobby day and meet with my local congressman to discuss how current legislation regarding budget cuts affects the clients that are serviced by my internship agency.

I will participate in an informational event (*specify the name*) sponsored by my internship agency to increase awareness about domestic violence and its impact on families.

I will work with other interns at my internship agency to obtain, free informational pamphlets and brochures on relevant topics for our agency clients that can be displayed in the agency waiting room.

I will work with a bi-lingual intern to help add important and relevant information on signs and literature in Spanish to help serve the growing Spanish population that is served at the internship agency.

I will meet with the Executive Director and the Clinical Director at my internship agency to discuss how the changing context of the local community has affected the agency and the services provided at the agency.

I will engage in active listening to learn about clients and their families in order to learn about their daily struggles and achievements and discuss appropriate and relevant interventions that can assist them to lessen their struggles.

I will attend regular weekly treatment team meetings and actively listen to the information exchanged between hospital professionals. I will ask my field instructor for clarification of information as needed and critically reflect on my experiences through my process recordings and journal for integrative senior seminar class.

I will discuss with clients their goals, assist them develop their goals into treatment goals and document these goals on the agency treatment plan form. I will seek supervision from my field instructor to ensure that I have accurately depicted the client goals on the treatment plan.

I will assist my field instructor distribute client surveys and secure feedback from clients related to their experiences with seeking services from my internship agency in order to compile outcome data that can be utilized when developing revisions to agency policy and procedures.

I will discuss with my field instructor/ task supervisor ways in which to prepare for the conclusion of my internship including talking to clients about my departure.

I will research other groups related to domestic violence that are offered in the local area and identify a gap in the services provided in order to further collaborate with agency professional staff to develop a proposal to develop a group that addresses this service gap. I will then, seek out potential funding sources (grants) for which the agency can apply in order to receive funding to provide the services.