Student Recreation Center
COVID-19 Operations Plan

We are closely monitoring government policy changes, Centers for Disease Control (CDC) guidelines, government mandates, University requirements, and public health advancements and will continue to make changes as necessary or appropriate to our protocols and procedures.

The safety of our patrons and team members is what is most important. The Student Rec Center has always been dedicated to delivering a healthy way of life to the BU community, and with a carefully planned and phased approach, we will begin to reopen. Each of us will play an important role in making the Rec a safe experience for everyone.

The Student Recreation Center staff would like to announce that we are carefully planning a phased re-opening approach and we will begin to open areas of our facility. Effective Monday, Aug. 17, we will open with updated hours:

   Monday – Friday: 7 a.m. to 9 p.m.
   Saturday and Sunday: 10 a.m. to 7p.m.

Member Arrival

In accordance with governmental orders and guidelines, we are taking precautions to help our patrons and staff stay safe and healthy. This includes extensive cleaning protocols, enhanced procedures, and social distancing practices within our facility. Patrons will be asked to follow signs and floor decals located throughout the facility to ensure better safety for all. You will notice increased spacing between equipment and within workout areas to allow for appropriate social distancing. Social distancing will be practiced during entry, exit and in staffing situations throughout our facility.

As part of our re-opening plan, we have several safety measures that are in place for our patrons and staff.

Facility access reservations will be required from our Fusion membership software from online or mobile app. This process will proactively cap the number of members using the facility throughout the day. With this setup, members can reserve a time slot to access the facility from the comfort of their home and check in upon arrival.

While awaiting entry to the facility physical distancing will be enforced during queuing using indicators in 6’ ft. increments.

Rec Center staff will welcome members and answer any questions about our new operational capacity or procedures.

ID card check in scanner will be outside of the plexiglass partition to scan into facility. BU ID CARD IS REQUIRED FOR SAFE CHECK-INS

Entrance to the facility will take place at the main double door entrance and lead you to the new front desk, where you will have touchless ID card swipes into the facility through a new turnstile system. If you are
entering the weight room, you will enter that area through the first door on the left, just past the front desk. If you are entering the cardio room, you will continue on to the first set of double doors for entry. If you are accessing the other areas of the facility, you will continue to follow appropriate markings to those locations.

Fitness equipment and machines have been moved or removed to provide at least 6 feet of space between them. High risk areas in the facility have been temporarily closed off.

**We will operate at 50% capacity in the initial launch phase of our opening to better allow for social distancing. This capacity could change without notice based on state guidelines.**

Appropriate signage will also be prominently displayed outlining proper mask usage and current physical distancing practices in use throughout each area of the facility.

As we continue to navigate through the reopening of the Rec Center, we appreciate your help and understanding as we work through this together. If you have a specific concern or need help locating gym wipes, hand sanitizers or with cleaning off your machine, please see any Rec Center staff member.

**Patrons will be required to wear a face mask** and follow the safety guidelines posted by the entrance stating that you will abide by all policies and procedures. Patrons must:

- Always maintain 6 feet of social distance
- Wash hands regularly
- Cover face with proper PPE
- Stay home when sick
- Get tested immediately when sick

The following areas and amenities of the facility will be temporarily unavailable until further notice:

- Climbing Wall
- Power Room
- Equipment Checkout (basketballs, rackets, ect.)
- Fitness Studio (closed for open use)
- Lounge Spaces
- Racquetball Courts
- Basketball Courts
- Water Fountains (water bottle fill stations will remain open)

Patrons who paid for memberships will have additional days added to their membership based on the duration of their membership when originally purchased from our closure on March 15 to the end of their membership and/or until the date of our re-opening. Each membership will be updated on our membership system to reflex the credit of days.

**Member Cleanliness Expectation**

All University locations use cleaning products and protocols which meet EPA guidelines and are approved for use and effective against viruses, bacteria and other airborne and blood-borne pathogens. We are working with our vendors, distribution partners and suppliers to ensure an uninterrupted supply of these cleaning supplies and the necessary PPE.
Cleanliness will continue to be an area of pride for the Rec Center and while we will continue to focus on this initiative, but we need everyone to contribute and clean each piece of equipment before and after use.

The facility is full of high touch areas and with this in mind, we have increased the number of cleaning stations located throughout the facility.

A good rule moving forward - if you touch it, clean it.

Rec Center has reallocated staffing to this new heightened cleanliness initiative and will remain focused on cleaning throughout the building during operation and after business hours each day.

Please practice excellent personal hygiene and wipe down equipment regularly before and after each use. Gym wipe stations and hand sanitizer stations are plentiful around the facility. Personal spray bottles for cleaning equipment will be given to patrons upon arrival and will be collected from each individual when leaving.

**Employee Expectations**

Rec Center staff will be required to sign an attestation form once per day upon arrival attesting that they do not have symptoms or have not had close contact with anyone diagnosed with COVID-19.

Any staff member displaying symptoms of illness will be immediately sent home and required to seek medical consultation prior to returning to work.

While we understand not all symptoms of sickness will ultimately return a positive test for COVID-19, we will be diligent in ensuring the safety and health of all team members.

**Rec center staff are required to wear masks throughout each shift.**

All membership check-ins will be conducted through a plexiglass partition to allow for separation between the member and the employee. Staff members are undergoing training to comply with COVID-19 policies and procedures. Staff will be constantly monitoring and cleaning machines, equipment, and touch points.

**Area-Specific Policies**

**Cardio Areas and Equipment**

Cardio equipment will be organized in a way that supports our physical distancing protocol or six feet distance between members.

Select cardio equipment will be closed to allow six feet of distance between members. Rec center will place a dedicated staff member in all cardio spaces.

Rec Center staff members will be wiping down all cardio equipment throughout the day.

This process does not eliminate the need for members to clean all cardio equipment prior to and following use but will provide an extra level of cleaning.
All members will be required to wipe down each piece of cardio equipment before and after use. Certain Cardio machines will be turned off and/or reconfigured in other locations to allow for separation between members.

Members to maintain six feet of separation while waiting in line for a piece of equipment if the need arises.

Additional hand sanitizer stations are located throughout the facility for use by all members and staff.

Members will wash or sanitize hands thoroughly prior to use of the Rec Center amenities.

Free Weight Areas and Equipment

Rec center will place a staff member in all free weight areas.

Rec Center staff members will be wiping down free weight equipment throughout the day.

This process does not eliminate the need for members to clean all free weight equipment prior to and following use, but will provide an extra level of support on our cleanliness initiative.

All members will wipe down each piece of fitness floor equipment before and after use. **Equipment includes, but is not limited to; all upholstered areas, hand grips, attachments, dumbbells, kettlebells, medicine balls, etc.**

Free weight equipment will be organized in a way that supports our physical distancing protocol or six feet distance between members. If this distancing does not exist, we ask that all member be courteous and cycle between sets to allow for physical distancing.

Members to maintain six feet of separation while waiting in line for a piece of equipment if the need arises.

Additional hand sanitizer stations are located throughout the facility for use by all members and staff.

Group Fitness Expectations

If you are interested in attending one of our group fitness classes, you can view the fall schedule for full details. You can also view our virtual fitness options on our social media platforms, Instagram and Facebook.

Rec center members will wipe down each piece of group fitness equipment before and after use.

Class participants will be instructed to leave all equipment utilized during the class on the studio floor, rather than putting the equipment away. **This process will allow member to better clean the equipment and prevent cross contamination, if present.**

Group Fitness schedule will be adjusted to allow 15-minutes for cleaning studio between classes.

All porous materials and equipment will be removed from group fitness classes to provide a more sanitary environment for members and staff.

High touch areas on all group fitness equipment will be sanitized each day.

Deep clean of group fitness equipment will be conducted at the end of each day.
Group fitness classes will be limited based on studio size to one person every eight square feet. This represents roughly between ten to twenty participants per class with our physical distancing guidelines implemented. This adjustment will be represented on all group fitness sign-ins on Fusion.

Group fitness equipment will be organized in a way that supports our physical distancing protocol or six feet distance between members. For classes that members set up their own space, we ask that a minimum of a six feet radius between members.

Members to maintain six feet of separation while waiting in line to enter, while waiting for a piece of equipment or while speaking to a member of the staff.

Additional hand sanitizer stations are located throughout the facility for use by all members and staff.

**Locker Room and Shower Expectations**  
(Not Available During Opening Phase)

Members will be asked to minimize the number of personal belongings they bring into the facility. Remember to bring your own towel and yoga mat, etc.

All lockers will be cleaned and sanitized nightly (once available).

All lockers are day use only and all items will be removed and disposed of if left overnight in an unrented locker.

**Once open:** Custodial staff will clean all shower stalls, locker room floors and walls nightly to ensure all surfaces are sanitized and safe to use.

Routine inspections of the locker room area will be conducted to determine and address areas in need of attention.

**Locker Room Physical Distancing Protocol**

Rec center staff will restrict usage to every fourth locker to better allow for and promote physical distancing. Lockers will be marked “unavailable” and secured to prevent use by members. The list of available lockers will be rotated on an ongoing basis to better allow for deep cleaning and sanitization.

Access will be limited throughout the day for locker room usage based on the available square footage and ability to maintain physical distancing.

Members to maintain six feet of separation while changing, washing hands or performing other activities in the locker room area.

Additional hand sanitizer stations are located throughout the facility for use by all members and staff.