

Study Skills Question Sheet

To complete the workshop you must complete and return this form, either in person or electronically, to receive credit for your efforts.

Dean of Students Office

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KUB 101

(570) 389.4734

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00							
8:00							
9:00							
10:00							
11:00							
12:00							
1:00							
2:00							
3:00							
4:00							
5:00							
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							

Study Skills Question Sheet

Indicate the importance of each of the following in your life by giving each a 0 (for lowest priority), 1,2,3,4, or 5 (highest priority):

_____ Socializing	_____ Religious Commitments
_____ Family Life	_____ Physical activity
_____ Working	_____ Romantic Relationships
_____ Volunteer activities	_____ Leisure activities
_____ Leisure activities	_____ Hobbies

Now take all your 4s and 5s and rank them in order of importance (or top 5):

- 1:
- 2:
- 3:
- 4:
- 5:

10 things you will spend significant time on in the next week:

Task	Urgent & Important	Important & not urgent	Urgent & not important	Not important & not urgent
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

Study Skills Question Sheet

Please answer the following questions. Minimum requirements are 3-4 sentences.

1. Did you find areas where your time management skills could use improvement?
2. Before participating in this workshop did you believe that you were spending your time wisely?
3. Please indicate how this workshop will help you to become a more successful student.