

# **Holding Students to a Higher Standard**

## **Civility Workshop**

### **Reflection**

Number and type your responses in an email to [jraup@bloomu.edu](mailto:jraup@bloomu.edu) . Be sure your answers are detailed!!

1. Describe in detail why you were assigned this workshop (describe your incident or event)?
2. What behaviors or negative actions did you display surrounding your incident/event?
3. Who did your actions surrounding your incident/event effect?
4. Think back to your incident/event. What was your trigger for your negative actions or behaviors?
5. Was alcohol or another substance involved in your incident/event? If yes, what was the substance and describe how you think the substance make an impact in the incident/event. If a substance was not involved, describe how your incident/event could have been different if a substance was a factor.
6. Describe in detail your goals.
7. Describe the “Golden Rule” and how you can implement this in your life. If someone is not showing you the “Golden Rule”, how might you react or how should you react?
8. When and where are you held accountable for the Student Code of Conduct?
9. Name three ways the University process resolving an incident or event is different from the legal process.
10. What does the workshop recommend you focus on here at college?
11. List three ways to avoid your situation/event/incident in the future.