Education & Training Program

**Weekly:**
- Physical Training (PT): M, W, F 6-7 AM
- Classes: Freshmen (1 Hrs.), Sophomores (2 Hrs.), Juniors and Seniors (3 Hrs.)

**Monthly:**
- Leadership Lab: 1 weekend a month, 8-12 Hours

**Semesterly:**
- Physical Fitness Test
- Field Training Exercise (Sat.-Sun.)

**Annually:**
- Awards Banquet
- Dining Out (Military Formal)

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**Training Schedule**

**Freshman**
- Army values
- Foundations of Leadership
- Goal Setting
- Role/Org Army
- Time Mgmt.
- Counseling
- Profession of Arms

**Sophomore**
- Small Team Leadership
- Professional Writing
- Oral Presentations
- Leader Development
- Tactics
- Counseling

**Junior**
- Dynamic Team Leadership & Development
- Troop Leading Procedures
- Tactics
- Land Nav.
- Oral Presentations
- Counseling

**Summer**
- Leadership Development & Assessment Course (LDAC)
- 30 Days at Fort Lewis, WA

**Senior**
- Profession of Arms
- Training Mgmt.
- Morality of War
- Staff Development
- Military Justice
- Ethics

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**Voluntary Training Opportunities**

**Semester:**
- Color Guard for athletic events
- Ranger Challenge – physical fitness and tactical skills

**Summer:**
- Internships
- Cultural Immersion and Language Proficiency
- Airborne School: military parachutist
- Air Assault School: helicopter and airmobile operations and rappelling
- Mountain Warfare School – advanced orienteering and survival