

Exercise Science Frequently Asked Questions

Does the undergraduate degree prepare students for further study?

The program curriculum includes prerequisites for further education in many allied health fields such as Physical Therapy, Occupational Therapy, Public Health, Chiropractic Medicine, Medicine, Physician's Assistant, Accelerated Nursing, and Cardiovascular Technology, as well as further graduate study in all Exercise Science based programs.

What certifications can I get after completing this program?

This program provides the theoretical background and practical experience needed for students pursuing national certifications offered by the American College of Sports Medicine and the National Strength and Conditioning Association.

Is this an accredited program?

The Exercise Science program is accredited from the Commission on Accreditation of Allied Health Education (CAAHEP), the Committee on Accreditation for the Exercise Sciences (CoAES), and is a National Strength and Conditioning Association (NSCA) Education Recognition Program.

What are some of the other science based required courses?

The Exercise Science Program is an interdisciplinary program based on the medical sciences. Required courses outside the department include those from the following programs: Biology, Chemistry, Physics, and Mathematics.

What are some of the careers people with this degree can do?

The versatility of studies enables students to direct their abilities and commitment to Cardiac Rehabilitation, Corporate Fitness and Wellness, Personal Training, Strength and Conditioning, Clinical Exercise Physiology, Health and Fitness Promotion, and many other careers dedicated to Health and Wellness.

Do you have any Graduate Articulation Agreements?

Yes. We have guaranteed seats in two graduate programs for students meeting certain requirements: Intraoperative Neurophysiologic Monitoring (IONM) – Bloomsburg University, and Occupational Therapy – Le Moyne College.

Can I do a study abroad in this program?

Yes. Exercise Science students have completed classes in the following countries: Australia, England, Germany, Ireland, Italy, and New Zealand.

Can I work as a nutritionist or dietician after completing this program?

No. You can meet the pre-requisite classes to go onto further study in these areas, but you will not be qualified to work in these fields with a Bachelor of Science in Exercise Science Degree.

Can I work as a physical education teacher after completing this program?

No.